119TH CONGRESS
2D SESSION

H. R. ____

To provide Members of Congress with the same healthcare, compensation, and review process the United States provides to the veterans who served it.

IN THE HOUSE OF REPRESENTATIVES

NOVEMBER 14, 2026

Mr. SIMIANER of Texas (for himself and 18,000,000 veterans) introduced the following bill; which was referred to the Committee on Veterans' Affairs, and in addition to the Committee on House Administration, for a period to be subsequently determined by the Speaker, in each case for consideration of such provisions as fall within the jurisdiction of the committee concerned

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A BILL

To provide Members of Congress with the same healthcare, compensation, and review process the United States provides to the veterans who served it.

Be it enacted by the Senate and House of Representatives of the United States of America in Congress assembled,

SECTION 1. SHORT TITLE.

This Act may be cited as the "National Officials' Standardized Healthcare, Income & Treatment Act" or the "NO SHIT Act".

SEC. 2. FINDINGS.

Congress finds the following:

(1) The Department of Veterans Affairs is, by the repeated testimony of Congress itself, the finest healthcare and benefits system in the world.

(2) The men and women who defended the Nation are required to use it.

(3) The men and women who fund it, oversee it, and praise it have never once been inside it.

(4) This Act closes that gap.

SEC. 3. MEDICAL CARE.

(a) EXCLUSIVE PROVIDER.—Every Member of the House of Representatives and the Senate shall receive all medical, dental, mental health, and pharmacy care exclusively through the medical system of the Department of Veterans Affairs, at the facility serving the Member's district or State, for reasons of national security.

(b) SCHEDULING.—Appointments under subsection (a) shall be scheduled through the same system, and subject to the same wait times, as the general veteran population. No Member may be seen ahead of a veteran with an earlier request date.

(c) PROHIBITION ON OUTSIDE CARE.—A Member who obtains care outside the system described in subsection (a) shall be subject to sanctions, including forfeiture of the Member's compensation for the period of the violation, loss of access to the House and Senate gymnasiums and dining rooms, and referral of the matter to the Member's constituents by public notice.

(d) EXCEPTION.—Emergency care is permitted, subject to the same retroactive review, documentation, and reimbursement-denial standards applied to veterans under section 1725 of title 38, United States Code.

SEC. 4. COMPENSATION BY RATING.

(a) BASE PAY ABOLISHED.—Fixed compensation for Members of Congress is repealed. A Member shall be compensated according to a Rating Schedule from 0 percent to 100 percent.

(b) THE CLAIM.—To receive compensation, a Member shall file a claim establishing, by competent evidence, a direct constituent

connection between work the Member actually performed and a need of the Member's constituents. Hearsay, press releases, and floor speeches are lay statements and shall be weighed accordingly.

(c) EVIDENCE.—The Member bears the burden of producing the records. Records the Government already holds shall nonetheless be re-requested by the Member and lost at least once.

(d) RATING.—A rating examiner the Member has never met, assigned at random, shall review the claim and assign a percentage. A rating of 0 percent means the work is connected to constituent needs but not compensable.

(e) PROCESSING TIME.—Initial decisions shall be issued within 125 days, a target that shall be reported as met regardless of whether it was met.

(f) REPRESENTATION.—A Member may not retain outside assistance in preparing a claim under this section except from a nonprofit organization. No Member may pay any person to help the Member get paid. A Member found to have paid for assistance shall have the claim voided and the matter referred for investigation.

(g) BACK PAY.—Compensation accrues from the date of claim but shall not be paid until the date of decision. Interest shall not accrue.

SEC. 5. RE-EVALUATION AND REDUCTION.

(a) ROUTINE FUTURE EXAMINATION.—The rating of every Member shall be re-examined on a recurring basis to determine whether the connected work remains effective and connected to constituent needs.

(b) REDUCTION.—Work found no longer effective, no longer

connected, or unsupported by the evidence of record shall result in a proposed reduction. The Member shall receive 60 days' notice and may request a hearing, which shall be scheduled in the next available slot.

(c) NO PROTECTED RATINGS.—No rating is protected. Twenty years of incumbency confers no presumption of effectiveness.

(d) APPEALS.—A Member who disagrees with a decision under this Act may elect one of three lanes—a supplemental claim, a higher-level review, or an appeal to the Board—and shall be informed that choosing the wrong lane restarts the clock. Appeals to the Board shall be decided within an average of three to five years. A decision found to be in error shall be remanded for a new decision rather than corrected, as many times as necessary.

SEC. 6. EFFECTIVE DATE.

This Act shall take effect on the first day of the next Congress, or on the day the first Member calls the appointment line, whichever occurs first.